**NSCI 20100 Neuroscience Laboratory**

**Contrast Increment Thresholds**

**BSLC 322, January 8-10, 2020**

**Goals:** In this lab, you will explore the Weber-Fechner law by measuring your visual contrast increment threshold on different background contrasts. You will collect a substantial psychophysical data set that will allow you to quantitatively assess the relationship between background contrast and contrast increment threshold. You will gain experience with challenges of obtaining high-quality threshold-level behavioral performance, and intuition for the number of trials needed for reliable measurement of binomial variables. This lab will also introduce you to the process of preparing a well-formulated lab report.

**Reading:** There is no required reading for this lab.

**Safety:** There are no lab safety issues related to this study. You will be working only with a desktop computer and its visual display. No personal protective equipment (PPE) is required or recommended.

**Data:** You will collect psychophysical data using five increments at each of five different base contrasts. Working in pairs, both students will serve as subjects for collecting a single, combined data set that includes measurements at each of the base contrasts.

**Clean up:** When you have finished, you should quit Matlab, collect any data files from the computer and discard your files on the lab machine. You do not need to log out, reboot or shutdown the computer.

**Lab Report:** Lab reports should be prepared following the general instructions found on the course Canvas site. In preparing your report, you should consider the following:

*Overview:* What is the Weber-Fechner law and how do contrast increments relate to it? You should describe the visual stimuli and their presentation completely but concisely.

*Results:* Include a figure or table presenting your data and describe your findings comprehensively but concisely. Can you explain any inconsistencies? What do your data say about the reliability of the Weber-Fechner law? Will your data be affected if each of the two subjects has a different contrast increment threshold?

*Discussion:* Do your data support a particular conclusion about distortions in the Weber-Fechner relationship for contrast increment thresholds? Are there limitations of your data that are likely to have affected your conclusions?

**Laboratory Procedures**

You will use a Matlab application to collect your data. The necessary software is installed and configured on each of the lab’s computers. Use the following procedures to run the software.

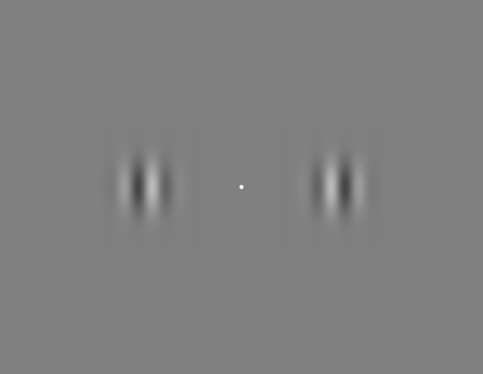
1) Log into the “labuser” account. There is no password for this account: leave the password field empty if you are asked for a password.

2) Launch Matlab by clicking on the Matlab icon in the dock at the bottom of the display. (Matlab might have a date appended to its name, such as “Matlab\_2019b”.)

3) When it launches, Matlab will display a large, multi-paneled window. Launch the Contrast Threshold application by entering the command *contrastThresholds* (no space) in the “Command Window” at the bottom of the Matlab multi-panel window.

4) The Contrast Threshold application may take up to 10 s to launch, and it might display warnings in the Matlab “Command Window” and the display window that is created on the screen. The display window will flash a bright red warning when it appears (and whenever it reappears after being hidden during your run of the task). You can safely ignore all these warnings. Once the Contrast Threshold application has finished launching, you will see a display window and a control/data window, which are described below.

5) When you have finished collecting and saving your data, you can terminate the Contrast Threshold application by either 1) closing the Contrast Threshold control panel window using its close button (red button in the upper left corner), 2) closing the Matlab window using its close button, or 3) making Matlab quit using Quit in the File Menu (or the keyboard equivalent, command-Q). With any approach, you will be asked whether you are sure you want to quit. All unsaved data will be irretrievably lost when you quit.



**Running the Contrast Increment Task**

The stimulus display will appear as a dark gray window on the right half of the monitor. The control panel will appear to the left. You should familiarize yourself with the control panel and run some test trials before you start collecting data in earnest. You can clear any test data before you start any real data collection.

There are 5 different base contrasts: 3%, 6%, 12%, 24% and 48%. When the application runs, it uses only the base contrast selected with the **Base Contrast** menu (see below). It is a good idea to practice first with the highest base contrast. Once you press the **Start** button, the task will continue presenting successive trials of that **Base Contrast** until you stop it or you reach the number of stimulus repetitions selected in the control panel (**Stop After Block**). It is a good idea to set the **Stimulus Repeats** to 5 and switch subjects or cycle to a different **Base Contrast** at regular intervals**.** You will need to increase the value in the **Stop After Block** fieldto continue collecting data once you have reached the limit for a given **Base Contrast**.

For each **Base Contrast,** 5 different pre-defined and fixed contrast increments will be presented: the base contrast will be multiplied by small values ranging up to a factor of 2.0. The approximate multipliers are 1.0625, 1.125, 1.25, 1.5 or 2.0. (The actual multipliers have been adjusted to overcome limitations of the video display and ensure that each requested increment contrast produces a stimulus that differs from other contrast increments.) For example, on each trial using a 48% contrast base stimulus, you might be tested with contrasts of 50.1%, 53.2%, 59.8%, 71.3% or 96%. The increments have been set to span typical detection thresholds. You should easily detect the largest increment, but the smallest increment will be at or below threshold.

At the start of each trial, a dim white fixation spot will appear, accompanied by a brief tone. You should hold your gaze on the fixation spot throughout each trial, looking away (or blinking) only between trials. Once you have fixated the spot and are ready to start a trial, you signal that you are ready by pressing the down arrow on the keyboard (while maintaining fixation). This will cause the fixation spot to turn bright white and for the two grating stimuli to appear. After the stimuli have been on the screen for the **Base Stimulus Duration** (which you should keep at 1 s), one of the two stimuli, selected at random, will increase its contrast. The change will last for only for the **Test Stimulus Duration** (which you should keep at 0.25 s), after which both grating patterns will disappear and the fixation point will turn black. You must indicate which of the two gratings increased contrast by pressing either the left or right arrow on the keyboard. There is no time limit for your response. Once you respond, you will hear a tone indicating whether your selection was correct (high tone) or incorrect (low tone). The task will then pause for the **Inter-trial Duration**, after which the next trial will start.

Each student should contribute a similar number of responses for each base contrast. When doing the task, you should not let yourself get distracted by the updating data in the control panel. If you have trouble remaining focused, you can move the panel so the data table and plot are off the bottom of the screen.

Breaks: You can take a break at any time by pausing the task. It is also fine to leave the task waiting with the dim fixation spot on the screen. If you stop partway through a trial, that trial will be discarded and re-tested when you begin again. You can stop part way through completing one base contrast to take a break while your partner works on another base contrast. Both subjects should contribute data equally to each base contrast.

You should save your data set (**Save** Data) periodically while you work. A data set can be re-loaded (**Load Data**), but the loaded data will over-write (not combine with) any existing data.

**Tips for Getting Good Data:**

• Practice running the task before you start collecting data

• Do not adjust the screen brightness or contrast or other aspects of the environmental illumination while you are collecting data. Changes of those sort can affect the contrast thresholds you measure

• You and your lab partner should collect one combined data set. People generally have very similar contrast increment thresholds, so combining your data will make your estimates more precise

• Alternate with your lab partner in collecting data, switching every 25-50 trials (5 - 10 blocks). You will perform better and more consistently if you take frequent breaks

• If you are unsure, do not always guess “left” or always guess “right”. You are likely to do better guessing.

• Save your data frequently (e.g., when you switch subjects), so you won’t lose them if the computer crashes

• Do not do trials for each base contrast all at once. Move to another base contrast after ~5 blocks. Doing the different base contrasts interleaved will reduce effects of fatigue or learning over the course of the lab

• Write down your threshold estimates after 5, 10, 15, etc. blocks. This will let you see when you start to get stable estimates and you can consider you threshold values reliable.

• Make sure you take all the data and plots you need for your report with you when you leave the lab

A screenshot of a cell phone

Description automatically generated**Controlling the Contrast Increment Task**

The following controls and displays are available on the Control Panel.

**Stop After Block:** Number of blocks that will be repeated before the task stops. A block is one repetition of each of the 5 increments. When you reach the limit, you can always increase this number to collect additional data.

**Inter-trial Dur. (s):** The pause between on trial and the start of the next. You may adjust this, but you should leave enough of a pause so the subject is not rushed.

**Base Stim. Dur. (s):** The duration of the adapting stimulus. Leave this set to 1.0 s for all measurements.

**Test Stim. Dur. (s):** The duration of the test stimulus. Leave this set to 0.25 s for all measurements.

**Base Contrast:** Use this menu to select which of the base contrasts you will test.

**Clear Data:** Delete the data for the current base contrast (only). Any unsaved data will be irretrievably lost. If you want to clear other base contrasts, you must select that base contrast using the Base Contrast pop-up menu first.

**Load Data:** Load data you have previously saved. *Caution:* Loading data will overwrite existing data. You should save any important current data before Loading Data.

**Save Data:** Save the current data set (all base contrasts) as a Matlab .mat file. Data saved in this way can be reloaded later. You should save data periodically if you must quit and relaunch the program.

**Save Plots:** Save the current contents of the control panel as an image in a PDF file.

**Hide Display (Show Display):** Toggle whether the stimulus window is displayed. This is useful if you need to get access to the desktop. Controls are disabled while the display is hidden. You can activate this button by pressing the left shift key and escape key together. This is useful if you lose the control panel behind the display

**Start (Stop):** Toggle whether the task is running. You can also use the space bar or escape key to stop running when the control window is front-most.

**Results Table:** The first row shows the number of blocks (one trial of each contrast increment) completed for each base contrast. Once a few blocks have been collected, the table will also display the threshold contrast, the difference between the threshold contrast and the base contrast. The thresholds are based on the fitted functions that appear in the Performance Plot.

**Performance Plot:** The performance plot shows the percent correct for each increment, with all base contrasts together in one plot. Increments on different base contrasts are plotted in different colors. Colored solid vertical lines mark the different base contrasts. Average percents correct are plotted with circles, and bars mark the 95% confidence intervals. Once a few blocks of data have been collected, a fitted function will be plotted. The fit is based on the increment data plus an equally-weighted point at 50% correct at the base contrast. The function is:

where *c* is contrast,  is the contrast increment threshold (75% correct), and  determines the steepness of the function.